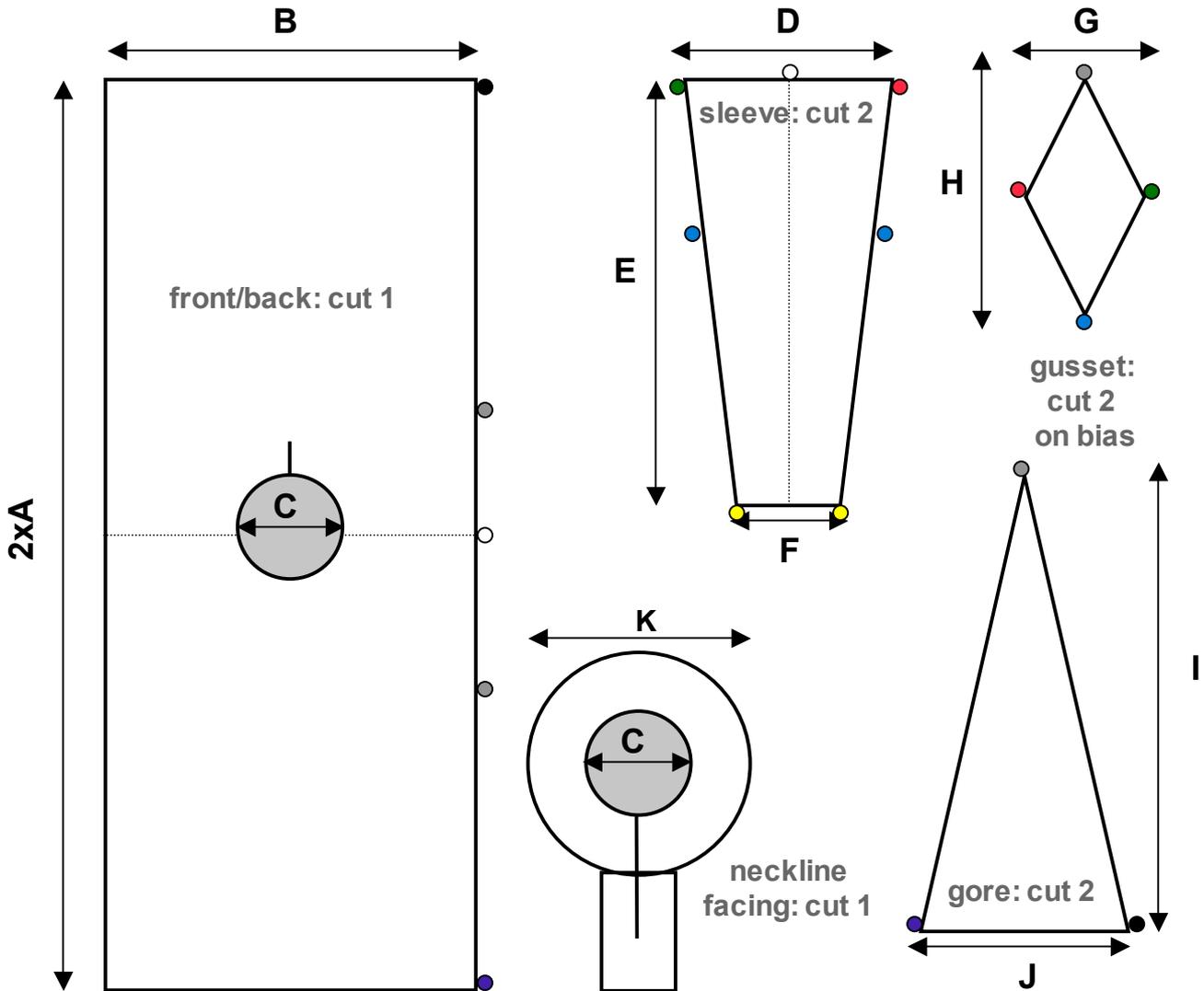




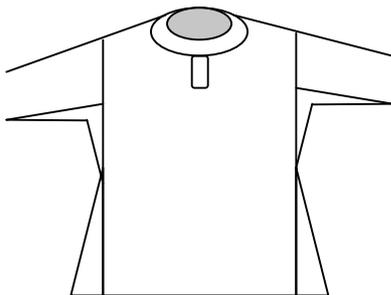
# Wychwood Warriors

<http://wychwood.wikidot.com>  
<http://users.ox.ac.uk/~wychwood>

## Wychwood Basic Kirtle #1



**Not drawn to scale. Leave a seam allowance of 3cm around all pieces when cutting out.**



### Measurements

- A: From nape of neck to where you want the hemline
- B: Width across back of shoulders + 6cm
- C: Width of neck
  - note: cut slit in front of tunic to approx. 3cm. You should \*just\* be able to put the piece over your head.
- D: Distance over shoulder from one side of armpit to the other
- E: Length from top of shoulder to mid-hand
- F: Circumference of hand at widest point
- G: Width of side of ribcage at nipple height
  - increase this measurement if you are well endowed
- H: Distance from middle of inside upper arm to lowest rib
- I: Distance from lowest rib to hemline
- J: However wide you want your gores! Suggest 20-30cm
- K: C+6cm



# Wychwood Warriors

<http://wychwood.wikidot.com>  
<http://users.ox.ac.uk/~wychwood>

## Wychwood Basic Kirtle #1

---

### **Instructions**

- 1) Attach the gusset to the sleeve by placing the red and the blue dots together and pinning along the line between them.
- 2) Fold the sleeve in half so that the pairs of green, blue and yellow dots meet each other. Pin along this edge.
- 3) Check the fit of the sleeve by putting it on. If you're happy, sew along the pinned lines. Otherwise, move the pins to make the sleeve wider or narrower as necessary.
- 4) Repeat for the second sleeve.
- 5) Pin the sleeve to the side of the main front/back piece by placing the white dots together and working down each side. Pin all the way down the 'flap' of the gusset so that the grey dots meet, stopping just before you reach the point.
- 6) Put the tunic on and check the fit. If you're happy, pin the second sleeve to the front/back piece.
- 7) Check the fit again. If you're happy, sew along the pinned lines.
- 8) Pin one side of the first gore to the side of the back panel of the tunic, aligning the grey and purple dots. Pin the other side of the gore to the front panel in the same way, aligning the black dots. The point of the gore and the point of the gusset should overlap slightly, so that you can fold them both upwards to leave a short flat join between them (you can sew this closed later).
- 9) Repeat for the second gore on the other side.
- 10) Check the fit again. If you're happy, sew along the pinned lines.
- 11) To attach the facing panel at the neckline, turn the tunic inside out and place the facing over the neck hole, right side down. Make sure to align the small slits in the front panel and the facing. Pin the pieces together around the neck hole and around the slit. Check the fit over your head. If you're happy, cut 6 small V-shaped notches into the seam around the neckline, taking care not to cut into the line of sewing. Also cut off the corners in the seam allowance at the top of the slit. Finish this seam using blanket stitch.
- 12) Turn the tunic right side out and fold the facing panel out so that it lies over the main tunic in its final position. You might need to iron the work at this stage so that the facing lies flat. Fold the edges of the facing panel backwards and pin the perimeter of the panel to the tunic. Check that everything is flat and straight and sew around the perimeter of the facing panel.
- 13) Finish off all internal hems with blanket stitch or by folding raw edges in and using a simple over-and-over stitch. Fold the bottom hem up inside the tunic, fold up again so that the raw edge is hidden. Pin along the hem, check it's straight and iron if necessary. Sew along the hem.
- 14) To finish the sleeves, either use the same method as for the bottom hem, or make cuffs by sewing two tubes of fabric twice as long as you want the cuff to be, folding each tube back over itself and attaching as a 'cap' over the end of each sleeve.